

PAIGNTON AMATEUR SWIMMING & LIFE SAVING SOCIETY.

Distance Meet - Low Level 4

Incorporating Paignton club championships

Open to members of Paignton, Brixham, Dawlish, Dartmouth, Exeter, Exmouth,
Newton Abbot, Totnes & Torquay Leander swimming clubs only.

ENTRY FORM – 2023

Affiliated to D.C. A.S.A., S. E. S.W. Region

(Under Swim England Laws & Technical Rules of Racing)

License Numbers:- 800m 22/11/23 - 4SW231599, 1500m 13/12/23 - 4SW231600

at Torbay Leisure Centre,

AGES ARE AS OF THE 31st December, 2023

All events will be Heat Declared Winner (HDW)

Please put your entry Time in the box of the event that you wish to enter;
The entry fee is £7 per event. All entered times must be short course (25m) times,
Paignton Competitors Must be 8yrs or older on 14/12/23. All other clubs must be 11 yrs on 31/12/23.

<i>Distance</i>	Freestyle	Freestyle
<i>Events</i>	800m	1500m
Under 10 Years (Paignton Swimmers only)		
Under 12 Years		
Under 14 Years		
Under 16 Years		
(Open)		
Date Of Swims	Wednesday 22 nd November	Wednesday 13 th December
Time	6.00-9.00pm	6.00-9.00pm

Please complete in **BLOCK CAPITALS**

Entries Close on Friday, 3rd November 2023.

All Paignton swimmers must only enter by Swim Manager. All other clubs please use files supplied. Forms only accepted for clubs with less than 6 entries, to be returned before or by the above date please to Derek Wyatt.

This section must be completed in full for your entry to be accepted.

Please refer to the conditions of entry listed overleaf.

ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED!

Club:- **Open/Male / Female**
(please delete as appropriate)

FULL NAME: - **DATE OF BIRTH:** -(must be 8yrs on day)

S.E. Registration Number:(no number no entry)

COMPETITIVE START AWARD YES/NO **DATE PASSED:** -

Signature of Competitor: -

Signature of Parent/Guardian (if under 16 yrs of age):- **Entry Fee £**

General Conditions

1. This meet is licensed to low level 4 Low Level 4 with up to a maximum of eight clubs attending.
2. The "Paignton Distance Meet" will be held Under Swim England Laws and Regulations and Technical Rules of Racing
3. All swimmers must be members of
4. Paignton A.S. & L.S.S., Brixham A.S.C., Dawlish S.C., Dartmouth S.C., Exeter S.C., Exmouth S.C., Newton Abbot S.C., or Torquay Leander S.C., and amateurs as defined by Swim England Laws.
5. By entering, swimmers will be deemed as accepting the promoters terms and conditions. Clubs will need to provide Marshalling staff as a condition of swimmers entries being accepted names to be provided on entry. This is in addition to your own team management staff.
6. Clubs are also requested to provide qualified officials. Please advise promoters of officials attending when sending entries.
7. Competitor's ages shall be as 31st December 2023.
8. Entries will be held on a computer solely for the purposes of this competition and consent, as required by the General Data Protection Regulations Act 2018, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal Data will be available for inspection during the Meet on application to the Promoters. Results will be posted on the S.E. rankings database as required for licencing and the results page of Paignton S.C. website. Information will be kept for 3 years.
9. The promoters reserve the right to limit the number of entries at their discretion but this will only be done to allow for pool hire time. This will be on a first come, first served basis. Paignton swimmers will be given priority.
10. In the event of your cancellation or non-participation no monies will be refunded. In the event of our cancellation all monies will be refunded at the earliest opportunity; within one month of the competition date.
11. Events will be seeded slow to fast, if no times are submitted then places will be assigned on a random basis.
12. Open/Male and Females will swim at the same time and results separated before publication.
13. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
14. All events for this competition will be Heat Declared Winner (HDW).
15. All races will finish at the boom end of the pool, furthest away from the changing rooms.
16. All swimmers are to report to the marshals prior to their event or when called. Any swimmer not reporting at the correct time for whatever reason will be deemed to have withdrawn from that event.
17. The Referee's decision is final.
18. The promoters reserve the right to refuse admission or to ask to leave or remove any competitor and / or spectator for any unacceptable behaviour or breach of the Swim England code of conduct.
19. All clothing and valuables are the sole concern of their owners, especially in the changing areas. The promoters accept no responsibility for lose or theft.
20. Any one wishing to take still, zoom or motion photography/video of any type including digital & mobile Phones are requested to read and abide by the Photography policies of Swim England.

HEALTH AND SAFETY NOTICE.

WARNING TO ALL SWIMMERS AND OFFICIALS

This pool has two shallow ends the start end is 1.15m and complying with Fina rules, as 1.35m at 1m from the wall, the turn end being 0.9m in depth

N. B. - NO DIVING OR JUMPING WILL BE ALLOWED INTO THE POOL DURING WARM UP SESSIONS! EXCEPT IN THE DISIGNATED SPRINT LANES UNDER THE COACHES CONTROL.

Although the starting blocks conform to the recommended freeboard height of 750mm above the water surface and that warning about "safe diving" into shallow water will be given at the start of each session it is still however the responsibility of all officials to insure that **all** swimmers diving into the pool are competent to do so, and if not that other forms of safe start should be adopted by the swimmer concerned. All Coaches and officials are also to advise swimmers that they dive at their own risk, and to exercise due caution in doing so.

To comply with Swim England Laws & "Health & Safety" guidelines only those swimmers who have shown repeated competency in shallow racing dives & **HAVE PASSED THEIR COMPETITIVE START AWARD** will be allowed to dive in during these events. To this endeavour, the Club reserves the right to & will stop any competitor from diving in at the start of their races, if there is any doubt of their competency to do so safely.

We thank you for your understanding and co-operation