

Devonport Royal Swimming Association  
[www.DevonportRoyal.com](http://www.DevonportRoyal.com)

## **Devonport Royal Time Trial**

**Plymouth Life Centre, Plymouth: Saturday 9th March 2019**

Held under ASA Laws and Regulations and ASA Technical Rules of Racing



# **The Devonport Royal Swimming Association**

## **Time Trial 2019**

### **Clubs Invited**

Devonport Royal  
Royal Navy Royal Marines  
Dinnaton Swimming Club  
Tavistock Swimming Club  
Newton Abbott Swimming Club

**SwimMark**  
ESSENTIAL CLUB

 @DevonportRoyal

 Devonport Royal Swimming Association

 **Swim England**  
Affiliated Club

**Devonport Royal Time Trial**  
**Plymouth Life Centre, Plymouth: Saturday 9th March 2019**

**ASA License No:** SW190425

**Venue** : Plymouth Life Centre, Plymouth

**Pool** : 10-Lane 25m Racing Pool With ROMA09-TRK Starting Blocks  
2 Metres throughout and 140mm FINA regulation lane lines  
Electronic Timing & 10-Lane Video Display Screen  
On Site Cafeteria & Parking

**This is a Licensed Level 4 Time Trial for Invited Clubs for entry into County Championships and Level 3 Competitions.**

**Age Groups** : **9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17+yrs**  
Ages as at 31st December 2018

**Primary Events** : 50 Meters, Freestyle, Backstroke, Breaststroke, Butterfly  
: 100 Metres, Individual Medley.

**Fees:** : Entry fee £10.00 for all 5 Events.  
Swimmers must enter all 5 Events

**Entries To** : Submitted Electronically to:  
Karencrews@rocketmail.com

**Closing** : 00.00 23rd February 2019

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**Meet Conditions**

Level 4 Licence 4SW190425

15.00-18.00 on Saturday March 9<sup>th</sup> 2019 at the Plymouth Life Centre

MEET RULES AND INFORMATION

1. The competition is a Level 4 licensed meet, held under Swim England Laws and Swim England Technical Rules of Swimming.
2. The competition is only open to members of Devonport Royal Swimming Association (DRSA), Dinnaton, Royal Navy Royal Marines, Tavistock and Newton Abbot swimming clubs.
3. The promoter is Paul Russell on behalf of DRSA.
4. All events will be organised on a time trial basis to enable particularly junior development swimmers to gain official times.
5. There will be no awards or medals as this is a time trial gala.
6. There will be no age groups.
7. Each swimmer will enter 5 events: 50m freestyle, 50m backstroke, 50m butterfly, 50m breaststroke and 100m Individual Medley.
8. The pool is 25m and anti-wave devices will be in place. AOE will be used.
9. Heats will be swum as mixed age with swimmers seeded by entry times.
10. Over the top starts may be used at the referee's discretion.
11. This will be a first come first served gala and we will limit the entries to 100 for time restrictions.
12. There will be a £10 flat fee for entering all five events. All entries will have to be submitted to DRSA's Competition Secretary by email and the closing date will be Friday February 23<sup>rd</sup> 2019 at midnight.
13. Results will be emailed to all the clubs taking part within a week of the gala and will be supplied to British Swimming for entry into the national ranking database.



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14. Life Centre policy re photography and video is to use a common sense approach. Customers are free to take photographs whilst taking part in sport and fitness activities within family and social groups.

The rules on photography apply to swimmers, coaches, team managers, officials and volunteers as well as spectators, and to the use of mobile phones, tablets or other image-capturing electronic devices as well as cameras.

In accordance with the Swim England Child Safeguarding Policies and Procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images. Should you have any concerns about photography or filming please bring them to the attention of the promoter.

Participants and spectators are requested to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Child Safeguarding Policy and Procedures, Wavepower 2016-19 Section 2 provides guidance on the use of social networking (page 72-75) and guidance on photography (page 76-77). <http://www.swimming.org/asa/clubs-and-members/safeguarding-children/>. Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event.

**It is not** permitted for photography or video to be used in any changing room areas, washrooms, health suites, Saunas, Steam rooms and within the swimming pool water. Any person found to be contravening this condition will be required to leave the competition and venue without refund.

15. All participants must observe the safety precautions in operation at Plymouth Life Centre. Neither the Promoter nor Plymouth Life Centre will be responsible for any loss or damage occurring during this meet.
16. Entries to the meet will be held on a computer and consent, as required by the Data Protection Act 2018 to the holding of personal information on computer, will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoter.
17. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws, Regulations and the Swim England Technical Rules of Racing.

### **WARNING TO ALL COACHES, TEAM MANAGERS & SWIMMERS**

ANY SWIMMER UNABLE TO EXECUTE A SAFE DIVE FROM THE BLOCKS INTO SHALLOW WATER ARE REMINDED THAT THEY MAY START FROM THE SIDE OF THE POOL OR IN THE WATER

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**Programme of Events**

<b>Boys Events</b>		<b>Girls Events</b>	
1	50m Butterfly	2	50m Breaststroke
3	50m Freestyle	4	50m Backstroke
5	100m IM	6	50m Butterfly
7	50m Breaststroke	8	50m Freestyle
9	50m Backstroke	10	100m IM

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**Entry Form**

<b>Name</b>	
<b>Date of Birth</b>	
<b>ASA Number</b>	
<b>Gender</b>	
<b>Events</b>	<b>Entry Time</b>
<b>50m Freestyle</b>	
<b>50m Backstroke</b>	
<b>50m Breaststroke</b>	
<b>50m Butterfly</b>	
<b>100 Individual Medley</b>	
<b>Cost of Entry £10</b>	<b>= £10</b>
	<b>Clubs to Submit to DRSA Via BACS</b>
	<b>DRSA Swimmers to Submit Via Swimportal</b>

**DRSA BACS Information:**  
**ACC 39709260**  
**Sort: 77-09-19**



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**Visiting Club Entry Summary Sheet**

Payment should be made via BACs by each visiting club. It would be appreciated if Club entries made via one transaction as opposed to multiple smaller transactions. Appropriate reference should be included. The Hytek entry file for this meet will be made available via email. Entries must be made via Hytek.

<b>Club</b>	
<b>Contact Name</b>	
<b>Address</b>	
<b>Telephone (Day)</b>	
<b>Telephone (Evening)</b>	
<b>Mobile</b>	
<b>E-Mail</b>	

**Any assistance of your officials would be greatly appreciated**

**Entries To: [Karencrews@rocketmail.com](mailto:Karencrews@rocketmail.com)**

- Enquiries can be emailed to [Karencrews@rocketmail.com](mailto:Karencrews@rocketmail.com)

*I certify that all the above details are correct and that our Club understand and will abide by the meet conditions. Signed on behalf of all swimmers:*

(Team Manager) ..... Date .....

**We look forward to welcoming you to our event, swim fast, swim strong,  
swim together!**

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